

# Des Moines County Tobacco Free Coalition

## August 2009 Newsletter

### Quitline Iowa

- Quitline Iowa is still offering two weeks of free NRT for new participants. Participants can ask for patches, gum, and lozenges.
- Quitline Iowa brochures/cards/key chains/stress balls are available. If you would like some for your family, friends, or place of employment, please contact Sarah Schwartz at 319-752-6027.



### **Des Moines County Tobacco Free Coalition Meeting**

Tuesday, September 8, 2009  
4:15 PM

**Our Guest Speaker will be from the  
Community Health Centers of Southeast  
Iowa**

**&**

Tuesday, October 13, 2009  
4:15 p.m.

**Our Guest Speakers will be Don Owens from  
Iowa Department of Public Health and  
Jeremy Whitaker from Quitline Iowa**

GRADE A PLUS Office –  
Located on the Lower Level of the Center for  
Rehabilitation at Great River Medical Center

*All interested persons are welcome!*  
For more information, please call 319-752-6027.

### **Upcoming Events:**

#### September 9: "All Teacher Reception"

PZAZZ Event Center

4-6:30 PM

Coalition will have a table with brochures and information

#### September 11 - 12: GRADE A PLUS Community

Mobilization Training

All Day @ WB Christian Church

Contact Michelle Williams if interested in a registration form. This training focuses on helping participants understand the need for healthy communities in order to have healthy youth & how communities can work together to create a healthy community. Cost is \$10 for both days & includes lunch both days.

#### September 26: Girl Scout Event "Positive Power Unleashed"

1-4 PM @ GRMC Lake

The Coalition in addition to help from Lee and Louisa County and JEL youth will provide a fun activity that addresses tobacco education with girl scouts from area counties.

#### October 7: Manufacturer's Golf Outing

All Day @ Spirit Hollow Golf Course

Coalition will have a table set up at one of the Spirit Hollow Golf Course Holes to provide information about cessation, Smokefree Air Act, Smokefree home and car pledges, etc.

If anyone is interested in participating in the events listed above, please let me know.

**Cigarette pack now**



Front



Back

**Cigarette pack under  
FDA Regulation**



Front



Back

Proposed packaging for all cigarettes and smokeless tobacco products under the new FDA regulation law/act.

All small text will be replaced with larger warnings and graphic pictures of the health consequences of smoking.

The new warnings must take up 50% of the front and back of the packaging.

**Tobacco Free Workplaces**

2009 Quarter 1 Surveys showed:

Dresser-Rand is a tobacco free workplace as of April 2009  
&  
Hawkeye Group is a tobacco free workplace as of June 2009.

**Smokefree Workplaces**

Alcohol and Drug Dependency Services & Planned Parenthood of Southeast Iowa have Smokefree workplace policies as of July 2009.

Congratulations to these Businesses for promoting a healthier workplace for all employees and visitors!

**Reminder:**

Please extend our coalition times and dates to anyone interested in joining our cause.

We need five new active members to fulfill our action plan goal for 2009-2010.

Thank you to all who already help and are active in the coalition, we appreciate all that you do!

*Edited by: Sarah Schwartz  
Tobacco Prevention Coordinator*